

Be Disaster Ready

In the Rockhampton Region
with Olivia and friends



If It's Flooded,
Forget It!



Every six months, Olivia helps her Mum and Dad update the family Emergency Kit and Evacuation Kit.

An Emergency Kit is made of all the things you might need if you are unable to leave home when an emergency or disaster happens.

An Evacuation Kit is made of all the things you might need if it is unsafe to stay at home and you need to evacuate. It is important that everyone in the household knows where both kits are kept and that they are regularly maintained.

**VISIT COUNCIL'S
EMERGENCY
DASHBOARD
ONLINE TO
ACCESS YOUR
EMERGENCY
GUIDE.**

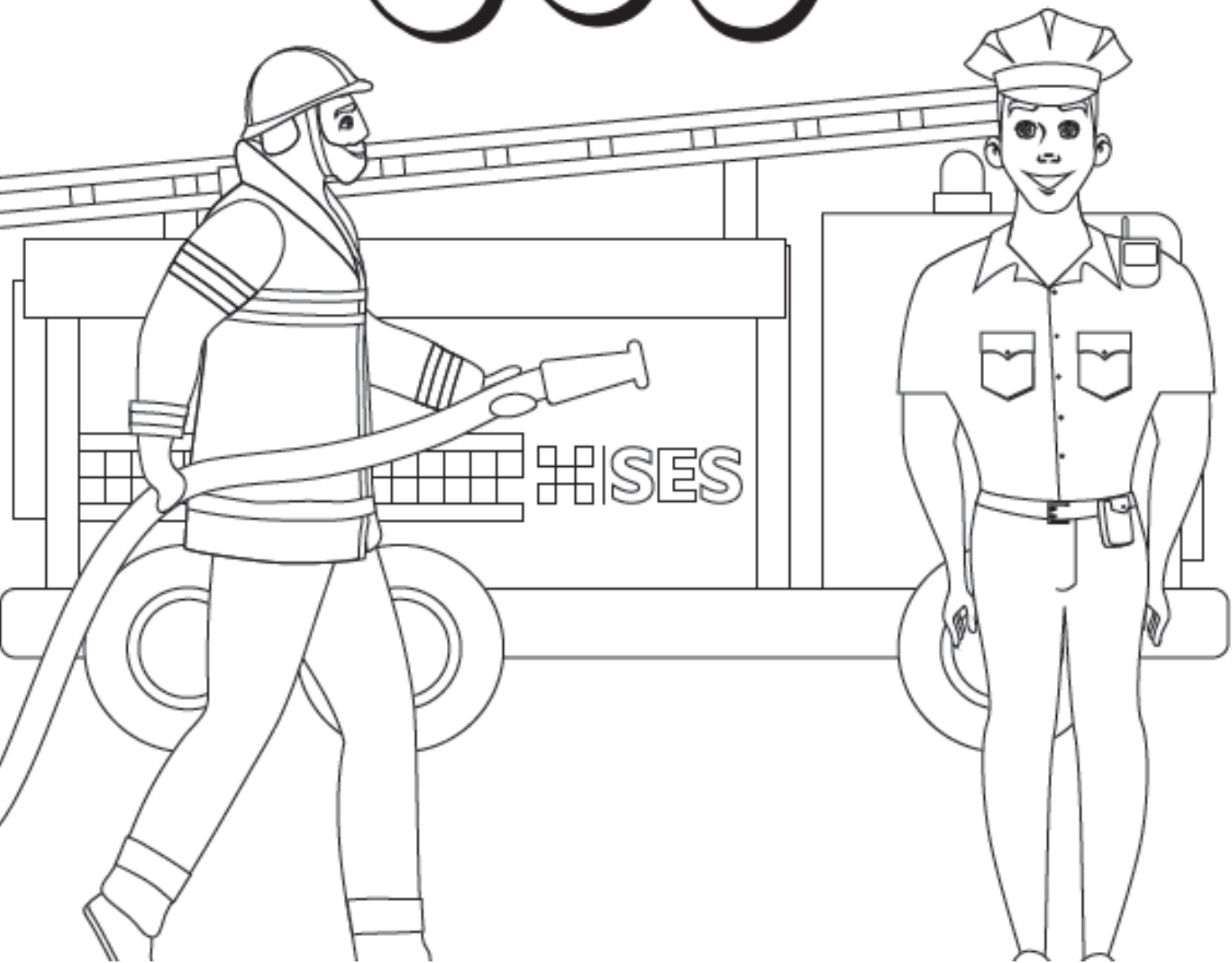
EMERGENCY KIT ESSENTIALS

- Fresh water for three days
- Non-perishable food for three days
- Can opener
- Essential toiletries
- Important documents
- First aid kit
- Mobile phone and charger
- Torch
- Sturdy gloves
- Battery-operated radio
- Spare batteries
- Spare cash
- Pet supplies if needed



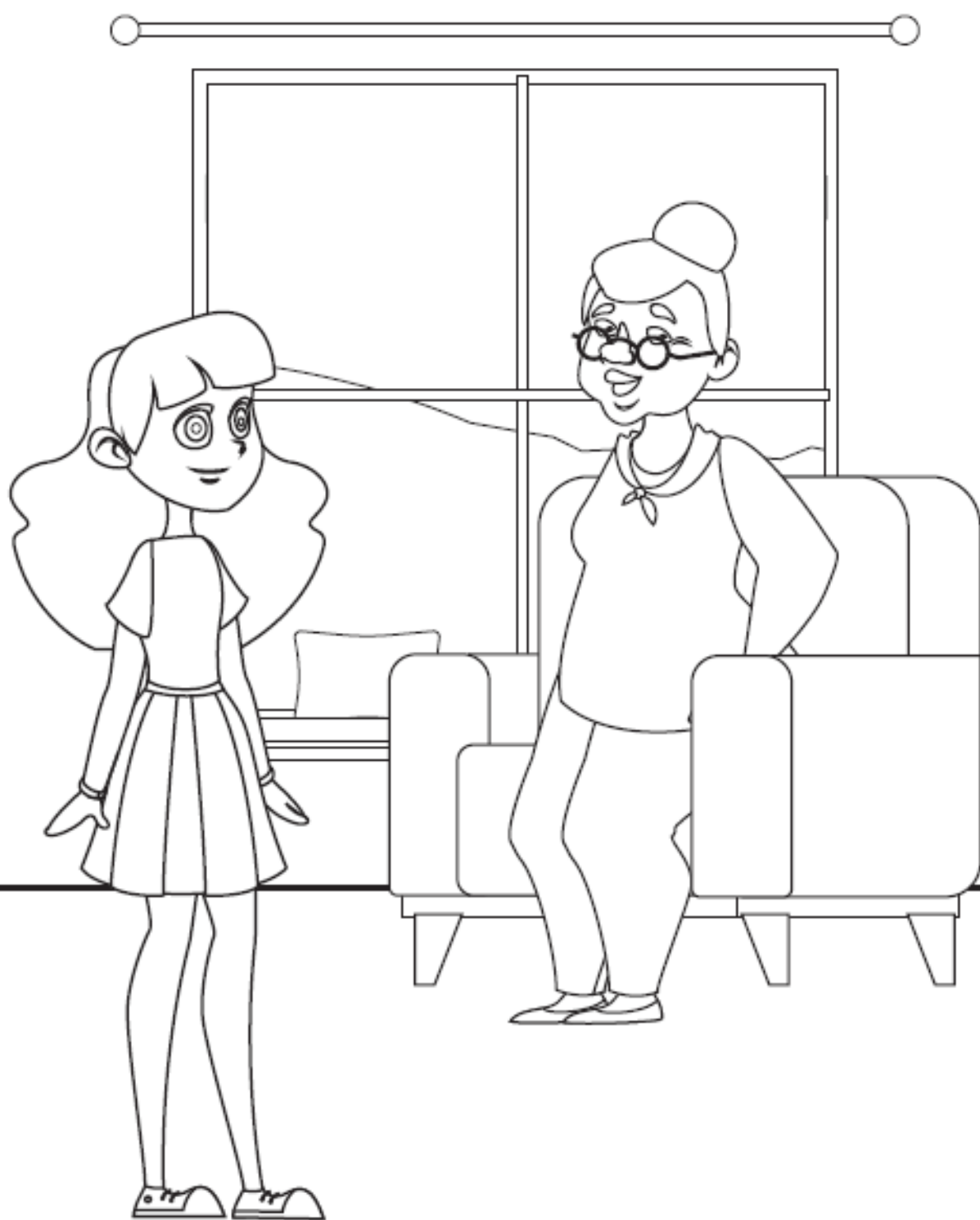
In a life threatening
Emergency call

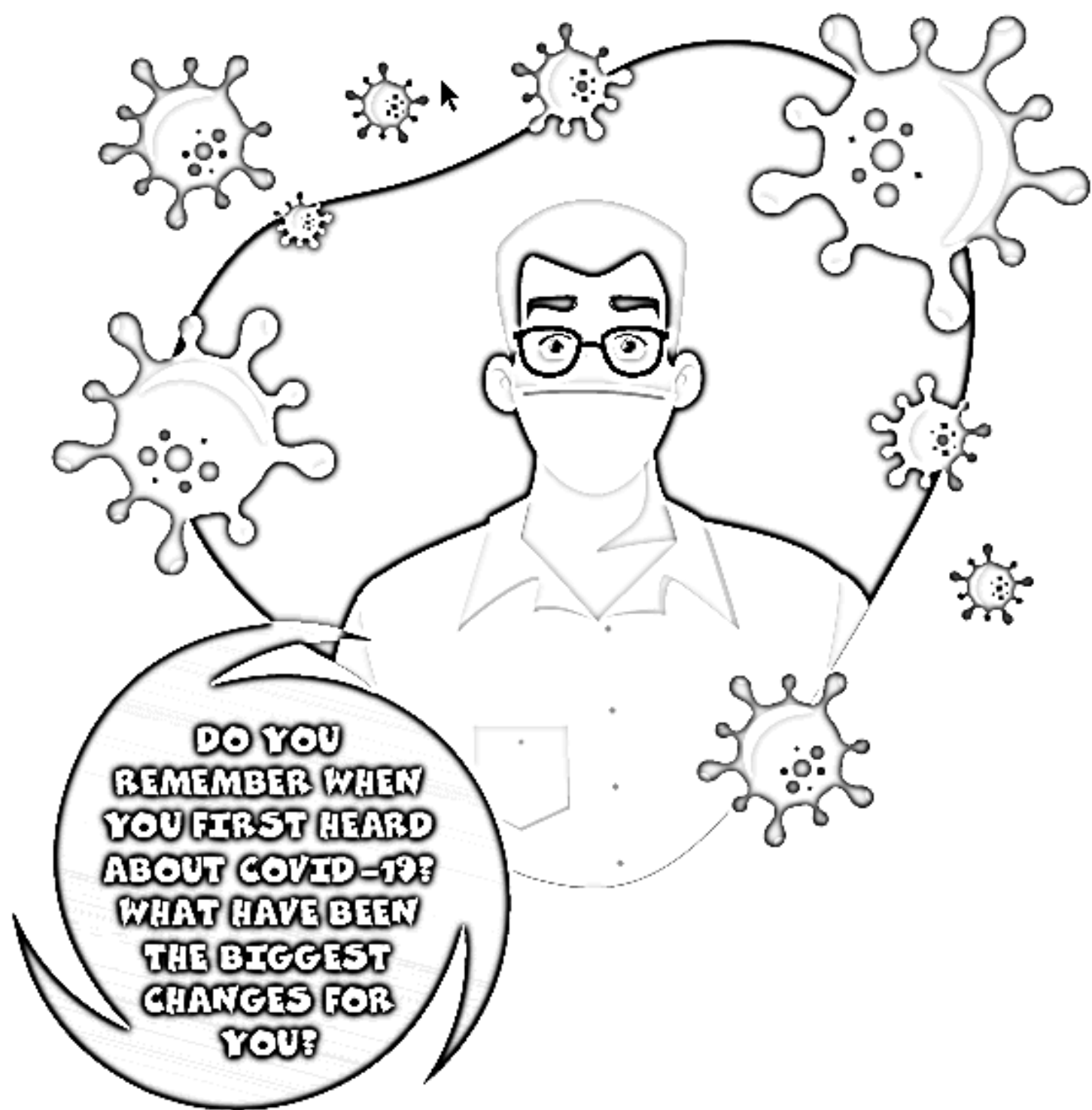
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After a disaster has happened, it is normal to feel upset or angry. It is also normal to have questions like “What happens now?”.

Talking to a responsible adult that you trust, such as a teacher or your family members can be a good way of feeling better about a disaster.





**DO YOU
REMEMBER WHEN
YOU FIRST HEARD
ABOUT COVID-19?
WHAT HAVE BEEN
THE BIGGEST
CHANGES FOR
YOU?**