







JANUARY 2020

Sustainability Champions - Marmor State School is reaping the rewards of the harvest!

"We are learning how to grow, harvest and cook the food we have grown. We picked the tomatoes because they were ripe. We ate some with cheese and crackers for 2nd break. We like growing our own veggies."

- Marmor State School students

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Recycling Week 1 Kerbside recycling wheelie bins are collected fortnightly on the same day as your scheduled bin collection day (weekdays: Monday - Friday).			1	2	3	Check Council's website for this month's Sustainability in Action! free community workshop.
School Holidays			New Year's Day			Translation of the state of the
Recycling Week 2 5	6	7	8	9	10	11
Recycling Week I 12	13	14	15	16	17	18
Recycling Week 2 19	20	21	22	23	24	25
Recycling Week 1 26 Australia Day	27 Australia Day Holiday	28 Term 1 Commences	29	30	31	
, isstand bay		#FIGHTFOODW	/ASTF			DID YOU KNOW? RESEARCH SHOWS THAT O



There are lots of ways to save money and fight food waste - simply LOOK at what you already have in your fridge, pantry and freezer before shopping, BUY only what you need, STORE food properly, COOK to planned portion needs! - OzHarvest.

IN FIVE BAGS OF GROCERIES END UP IN THE BIN COSTING **FAMILIES THOUSANDS OF** DOLLARS EACH YEAR!



FEBRUARY **2020**

Sustainability Champions - Waraburra State School is caring for our catchments!

Students are showing their artworks about keeping our catchments clean next to a large stormwater drain in their school. These artworks highlight the connection from drain to catchment and some of the many native species that live in our local catchments including platypus, barramundi and our very own 'bum breathing' Fitzroy River Turtle to name a few.

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Recycling Week 1 Kerbside recycling wheelie bins are collected fortnightly on the same day as your scheduled bin collection day (weekdays: Monday - Friday).						Check Council's website for this month's Sustainability in Action! free community workshop.
Recycling Week 2 2 World Wetlands Day	3	4	5	6	7	8
Recycling Week 1 9	10	11	12	13	14	15
Recycling Week 2 16	17	18	19	20	21	22
Redycling Week 1 23	24	25	26	27	28	DID YOU KNOW?
	CA	RING FOR OUF	R CATCHMENT	S		ROCKHAMPTON REGIONA COUNCIL IS PROUDLY A RE

Water has a flow on effect... from our homes to stormwater drains, stormwater drains to our creeks, our creeks to the Fitzroy River, our Fitzroy River to the ocean. The Fitzroy River is the largest river system flowing to the Great Barrier Reef.

DID YOU KNOW?

ROCKHAMPTON REGIONAL

COUNCIL IS PROUDLY A REEF

GUARDIAN COUNCIL,

A STEWARDSHIP PROGRAM

IN PARTNERSHIP WITH THE

GREAT BARRIER REEF

MARINE PARK AUTHORITY.



MARCH 2020

Sustainability Champions - Harnessing renewable engery at The Cathedral College! The Tesla battery harnesses the sun's energy during the day and supplies the majority of the power required at the Boys' Boarding facility during the evening. The photo captures some of the ways that this solar energy is used.

"The battery provides us with a continuous supply of natural energy to reduce the cost of power for the running of our Boarding House."

- The Cathedral College Boys' Boarding students

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Recycling Week 2 Kerbside recycling wheelle bins are collected fortnightly on the same day as your scheduled bin collection day (weekdays: Monday - Friday).	2	3	4	5	6	Check Council's website for this month's Sustainability in Action! free community workshop.
Clean Up Australia Day		World Wildlife Day			Schools Clean Up Day	
Recycling Week 1 8	9	10	11	12	13	14
Recycling Week 2 15	16	17	18	19	20	21 International Day of Forests
Recycling Week 1 22	23	24	25	26	27	28
World Water Day						Earth Hour 8.30pm
Recycling Week 2 29	30	31				



ENERGY EFFICIENCY & POWER SAVINGS

When using electricity, just a few small changes can make a big difference! There are lots of online tools and calculators to help you do a household energy audit and manage your energy use. Making your home more energy efficient will save you money and help the environment - it's a win-win!

POWER SAVING TIPS: -TURN OFF POWERPOINTS WHEN NOT IN USE -LINE DRY CLOTHES -INSTALL SOLAR PANELS -CLOSE WINDOWS WHEN **USING AIR CONDITIONERS**



APRIL 2020

Sustainability Champions - From little things, big things grow at The Hall State School!

"At The Hall State School we have a community fruit, vegetable and herb garden planted by students and community partners. We grow fruit and veggies like corn, tomatoes, bananas, have a hydroponics system growing lettuce which we supply to our tuckshop and make our own jam from the rosella plants!

We also collect our food scraps, use compost bins and worm farms, turn it into compost and put it back into the gardens." - The Hall State School students

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Recycling Week 2 Kerbside recycling wheelie bins are collected fortnightly on the same day as your scheduled bin collection day (collections occur Monday - Friday).			1	2	3	Check Council's website for this month's Sustainability in Action! free community workshop.
					Term 1 Concludes	School Holidays—
Recycling Week 1 5	6	7	8	9	10	11
					Good Friday	Easter Saturday
Recycling Week 2 12	13	14	15	16	17	18
Easter Sunday	Easter Monday					
Recycling Week 1 19	20	21	22	23	24	25
	Term 2 Commences		Earth Day			ANZAC Day
Recrycling Week 2 26	27	28	29	30		



GROWING YOUR OWN FRUIT & VEGETABLES

One of the many benefits of harvesting your own food is that you get to eat the freshest produce possible straight from your garden! It's a great way to get your kids involved, a good use of space in your garden, a wonderful way to save money and to help the environment around your home.

DID YOU KNOW?
MOST OF THE FOOD WE
PURCHASE HAS TRAVELLED
HUNDREDS, SOMETIMES
THOUSANDS OF KILOMETRES
TO REACH YOUR PLATE.



MAY **2020**

Sustainability Champions - Compost is a hot spot at Rockhampton Grammar School!

"The composting of shredded paper, scraps of food, garden clippings and chicken manure has made soil that we use in our garden. We are throwing away less food waste and, by composting it, the soil is great quality." - Rockhampton Grammar School students

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Recycling Week 2 Kerbside recycling wheelie bins are collected fortnightly on the same day as your scheduled bin collection day (collections occur Monday - Friday).					1	Check Council's website for this month's Sustainability in Action! free community workshop.
Recycling Week 1 3	4	5	6	7	8	9
International Composting Awareness Week						World Migratory Bird Day
Recycling Week 2 10	11	12	13	14	15	16
Recycling Week 1 17	18	19	20	21	22	23 World Turtle Day
Resycling Week 2 24	25	26 National Sorry Day	National Reconciliation Week	28	29	30
Recycling Week 1 31		COMPOSTING 8	E WORM FARM	MS		DID YOU KNOW? USING COMPOST OR MUL



COMPOSTING & WORM FARMS

Just over 50% of the average general waste wheelie bin is made up of organics and garden clippings. These are put to better use in your garden as compost or mulch rather than going to landfill. Compost worms are nature's own recyclers, converting kitchen scraps and garden waste into nutrient-rich plant food perfect for the garden or potted plants.

USING COMPOST OR MULCH CAN IMPROVE SOIL QUALITY, HELP SOIL RETAIN MOISTURE, AND REDUCE THE NEED FOR CHEMICAL FERTILISERS IN YOUR GARDEN.



JUNE **2020**

Sustainability Champions - Avoiding plastic packaging at Emmaus College!

Emmaus College grows vegepod herbs for their Hospitality and Home Economics classes to use in place of packaged, perishable options. "Growing our own herbs reduces purchasing plastic packaged ingredients from the shop." - Emmaus College students

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Recycling Week 1 Kerbside recycling wheelie bins are collected fortnightly on the same day as your scheduled bin collection day (collections occur Monday – Friday).	1	2	3	4	5	Check Council's website for this month's Sustainability in Action! free community workshop.
National Reconciliation Week					World Environment Do	
Recycling Week 2 7	8	9	10	11	12	13
	World Oceans Day		Rockhampton Show			
Recycling Week 1 14	15	16	17	18	19	20
Recycling Week 2 21	22	23	24	25	26 Term 2 Concludes	27 School Holidays —
Recycling Week 1 28	29	30				
Recycling Week 1 28	29	30				



CHOOSE TO REFUSE AND REUSE

Plastic Free July is next month and now is a great time to #choosetorefuse single use plastic. Be part of the solution! You can act by: Avoiding products in plastic packaging, reducing where possible, refusing plastics that can escape as litter, recycling what cannot be avoided. Remember to 'bring your own' (BYO) reusable items instead!

DID YOU KNOW?
COUNCIL HAS PORTABLE
WATER REFILL STATIONS
AVAILABLE FOR HIRE TO
COMMUNITY GROUPS
AND NOT-FOR-PROFIT
ORGANISATIONS. CHECK
COUNCIL'S WEBSITE FOR
MORE INFORMATION.



JULY **2020**

Sustainability Champions - Frenchville State School's Bush Food Garden!

"As part of Frenchville State School's First Australians Unit, students gained greater insight into the bush food the traditional Aboriginal people eat within our local area. This photo is of a beach cherry tree planted in the Bush Food Garden. It is important to understand where food comes from and how cultures lived before shops existed." - Frenchville State School students

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Recycling Week 1 Kerbside recycling wheelie bins are collected fortnightly on the same day as your scheduled bin collection day (collections occur Monday - Friday).			1	2	3	Check Council's website for this month's Sustainability
School Holidays (cont.)			Plastic Free July (Month of July)			in Action! free community workshop.
Recycling Week 2 5	6	7	8	9	10	11
NAIDOC Week						
Recycling Week 1 12	13	14	15	16	17	18
	Term 3 Commences					
Recycling Week 2 19	20	21	22	23	24	25
Regycling Week 1 26	27	28	29	30	31	
					Schools Tree Day	
	DI ANT		TO PDING NA	TUDE DACK		DID YOU KNOW?



PLANTING NATIVES TO BRING NATURE BACK

Trees, shrubs and grasses play an important role in our streets, parks and riparian corridors, as well as in our very own backyards. Not only do they provide food and shelter for wildlife, they give the Region its unique character and provide a cooler and more attractive environment for us to live in. Find a local tree planting site and come along this National Tree Day!

DID YOU KNOW?

ROCKHAMPTON REGIONAL

COUNCIL OFFERS A FREE

NATIVE PLANT PROGRAM

FOR LOCAL RESIDENTS.

KEEP AN EYE ON

COUNCIL'S WEBSITE FOR

MORE DETAILS.



AUGUST 2020

Sustainability Champions - Reusable building blocks at Heights College!

"Our Year 1 students enjoyed building their very own cubby house by re-using cardboard boxes from school deliveries. We asked around to collect enough boxes which were then organised and painted to construct a brand new space for creative play. Students have also had fun by re-using postal tubes and milk containers, filling them with rice/stones to create percussion instruments during their science lessons." - Heights College students

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Recycling Week 1 Kerbside recycling wheelie bins are collected fortnightly on the same day as your scheduled bin collection day (collections occur Monday - Friday).						Check Council's website for this month's Sustainability in Action! free community workshop.
Recycling Week 2 2 National Tree Day	3	4	5	6	7	8
Recycling Week 1 9	10	11	12	13	14	15 National Science Week —
Recycling Week 2 16	17	18	19	20	21	22
Recycling Week 1 23	24	25	26	27	28	DID YOU KNOW? TRENDY TRASH HAS QUALITY
Recycling Week 2 30	SECOND-HAND ITEMS AT BARGAIN PRICES! TRENDY TRASI IS LOCATED AT THE ENTRANCE T LAKES CREEK ROAD WASTE MANAGEMENT FACILITY AND OPEN ON FRIDAY, SATURDAY AN SUNDAY EACH WEEK.					



SEPTEMBER 2020

Sustainability Champions - St Marys is encouraging wildlife habitat!

"We are watering our plants so they can grow and drop seeds which will grow more plants. Plants create more oxygen which makes it easier for us to breath and also provides a home for bugs to live. The bugs then feed bigger animals and then those bigger animals help feed us.

That is why you should water and care for the environment around you." - St Mary's students

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Recycling Week 2 Kerbside recycling wheelie bins are collected fortnightly on the same day as your scheduled bin collection day (collections occur Monday - Friday).		1 National Wattle Day	2	3	4	Check Council's website for this month's Sustainability in Action! free community workshop.
Recycling Week 1 6	7	8	9	10	11	12
Recycling Week 2 13	14	15	16	17	18 Term 3 Concludes	19 School Holidays-
Recycling Week 1 20 Sustainable House Day	21	22	23	24	25	26
Resycling Week 2 27	28	29	30			



ENCOURAGING WILDLIFE & WILDLIFE HABITAT

The outdoor areas at your home are your very own piece of potential habitat for wildlife. We can all 'bring nature back' to our yards and you don't need a big backyard to make a big difference. Creating the perfect place for native wildlife in your backyard is as easy as making sure the basics are covered – much like us, the essentials are providing food, water and shelter.

DID YOU KNOW?
OUR REGION IS HOME TO
LOTS OF NATIVE WILDLIFE:
111 REPTILE SPECIES
22 FROG SPECIES
35 FISH SPECIES
359 BIRD SPECIES
93 MAMMAL SPECIES



OCTOBER **2020**

Sustainability Champions - Bajool State School knows water is a precious resource!

"At Bajool State School we learn about the importance of water and how to use it wisely. We water the havest garden using watering cans to ensure the plants get a good drink each time. The gardens are also mulched regularly and the worms fed daily to help keep the soil healthy." - Bajool State School students

SUND	PAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Recycling Week 2 Kerbside recycling wheelie bins collected fortnightly on the sam as your scheduled bin collection (collections occur Monday - Frid	are ne day n day				1 School Holidays (cont.)	2	Check Council's website for this month's Sustainability in Action! free community workshop.
Recycling Week 1	4	5	6	7	8	9	10
		Queen's Birthday	Term 4 Commences				
Recycling Week 2	11	12	13	14	15	16	Garage Sale Trail
Recycling Week 1 Garage Sale Garage Sale	18 le Trail	19 National Water Week & Aussie Backyard Bird Count_	20	21	22	23	24
Recycling Week 2	25	26	27	28	29	30	31
		4	WATER USE & Water is a precious resou	ırce! Australia is the drie			DID YOU KNOW? FITZROY RIVER WATE OFFERS A REBATE FOI RESIDENTS OF THE

Water is a precious resource! Australia is the driest populated continent in the world. In our Region, most of our household water is consumed outdoors on our gardens and lawns. There are many ways to save water outdoors, from mulching, hand watering and using tap timers, to drip irrigation systems and rainwater tanks just to name a few.

DID YOU KNOW?
FITZROY RIVER WATER
OFFERS A REBATE FOR
RESIDENTS OF THE
ROCKHAMPTON REGION
WHO PURCHASE AND
INSTALL WATER EFFICIENT
PRODUCTS.



NOVEMBER **2020**

Sustainability Champions - St Josephs Park Avenue recycling heros halve their waste!

Our year 4 students started a rubbish separation program (with mini bins from our P&F) and have cut our landfill rubbish down by half! The recycling bins from around the school are collected each Friday and the general waste bins are checked for items that could be recycled instead. "We need to reuse and recycle our paper product to save our forests. I think if we don't look after the Earth now we won't have all the resources when we are adults." - St Josephs Park Avenue students

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Recycling Week 2	9 National Recycling Week—	10	11	12	13	14
Recycling Week 1 15	16	17	18	19	20	21
Recycling Week 2 22	23	24	25	26	27	World Fisheries Day 28
Recycling Week 1 29	30					Box Austrolasian



Every can, piece of paper, cardboard box, plastic container and glass bottle we put in our yellow lid wheelie bin can make a difference. Some of the greatest environmental benefits of recycling are in the conservation of energy and natural resources when recycled material, rather than raw material, is used to make a new product.



TOP TIP! CHECK PACKAGING
FOR THE AUSTRALASIAN
RECYCLING LABEL
INFORMATION. IT HAS BEEN
DESIGNED BY PLANET ARK
TO HELP YOU DO THE RIGHT
THING AND USE THE RIGHT BIN.



DECEMBER 2020

Sustainability Champions - St Paul's green gift creations!

St Pauls students created gifts using recycled materials then sold them during lunch times to raise money for Caritas Australia. "It is important because we reused items and raised money for countries in need. This is reducing waste and is also a very fun activity." - St Paul's students

SUNDA	Υ	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Recycling Week 1 Kerbside recycling wheelie bins are collected fortnightly on the same da as your scheduled bin collection day (collections occur Monday - Friday).	у		1	2	3	4	Check Council's website for this month's Sustainability in Action! free community workshop.
Recycling Week 2	6	7	8	9	10	11	12
						Term 4 Concludes	School Holidays—
Recycling Week 1	13	14	15	16	17	18	19
Recycling Week 2	20	21	22	23	24		26
	27	20	20	20	21	Christmas Day	Boxing Day
Recycling Week 1	27	28	29	30	31		GREEN FESTIVE TIPS



GREEN GIFT GIVING & ECOFRIENDLY FESTIVE DECORATIONS

Waste generated by buying 'stuff' is a big problem, not just here but all over the world. This excess is particularly highlighted during the festive season so don't fall into the silly season traps. This year, why not shop locally, avoid packaging, give experiences, plan meals and reuse your decorations!

GREEN FESTIVE TIPS!

- CHOOSE REUSABLE OR
RECYCLABLE WRAPPING

- USE GOOD QUALITY
REUSABLE DECORATIONS
AND TABLEWARE

- MAKE YOUR OWN CARDS
AND USE RECEIVED CARDS FOR
ARTS AND CRAFTS

