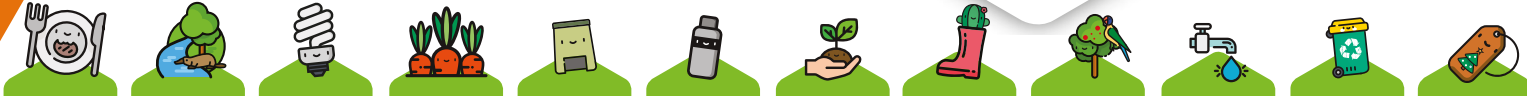


# LIVING SUSTAINABLY

Simple everyday actions to take care of the environment so that the environment can continue to take care of us!

ENVIRONMENTAL  
SUSTAINABILITY.



FINDING ENERGY  
EFFICIENCY AND  
POWER SAVINGS

SUSTAINABILITY  
IN ACTION!

Living sustainably comes down to daily habits and choices you make, both big and small, that can have huge environmental impact.

**Did you know? According to Queensland Council of Social Service, a typical household now has around 70 electrical appliances.**

From boiling the jug for your morning coffee, reading an e-book, or putting a load of washing on, most of our households are plugged in – literally – to the power grid. There is something that every household can do... be more energy savvy! Reduce energy consumption and save money on power bills – it's a win-win!

## Calculate the savings!

An audit on your household energy use is a simple way to find ways to save. There are lots of simple online calculators to help you out. Some quick wins to reduce your energy use:

- Set your air-conditioning at 25°C in summer and 18°C in winter.
- Hang your washing on the line instead of using a dryer.
- If you have a second fridge and its not frequently in use, switch it off.

## Energy ratings are super stars!

By using more efficient models, you can consume less energy and save money in the long run.

- More stars means more efficient when compared to other models of the same size.
- Products are given a rating between 1 and 6 stars – the more stars, the more energy efficient.
- The rating also provides the energy consumption information – the lower the number of kWh per year the better.
- There's an app for that! Consider using the energy rating app for your next appliance purchase or jump on and see how your existing appliances compare.

## Get the seal of approval!

Seal in the cool or warm air so appliances are not working too hard.

- Check your fridge and freezer door seals are working effectively. If seals are worn, cold air may be leaking out making your fridge work harder and costs you money.
- When using your air conditioner, enclose the area by shutting internal doors and ensure windows are closed.
- Use window and door draft stoppers to seal off any gaps.
- In summer, close curtains and shade windows during the day to keep heat out.

## Get yourself out of the hot water!

Hot water likely to be one of the biggest sources of energy use in your home.

- Wash clothes in cold water cycles and run the washing machine with full loads.
- Stack the dishwasher to its capacity and only run it when it is full.
- Fit a low-flow shower head and take shorter showers.

GET INVOLVED AND FIND OUT MORE!

SIGN UP FOR THE LIVING SUSTAINABLY ENEWSLETTER!

[rockhamptonregion.qld.gov.au/EnvironmentalSustainability](http://rockhamptonregion.qld.gov.au/EnvironmentalSustainability)

